




The 2000 Health & Wellness Forum



April 25-26, 2000

LEARN ABOUT

health and wellness
projects benefiting persons with
developmental disabilities

PRE-FORUM EVENT ON

*Autism and Autism
Spectrum Disorders*

April 25 - 9:00 a.m.

DOUBLETREE HOTEL

2001 Point West Way
Sacramento, California

SPONSORED BY

University of California
Davis Health System,
Continuing Medical Education

Introduction

REGISTRATION INFORMATION

Pre-Forum Event Fee \$25.00
(In addition to the Registration Fee)

Registration Fee \$115.00
(Postmarked on or before April 7, 2000)

Late Registration \$140.00
(Postmarked on April 8 through April 14, 2000)

Continuing Education Units..\$15.00
(Separate check made payable to UC Regents or credit card payment, to be collected at the conference.)

Registration materials will not be accepted after **Friday, April 14, 2000**. Full Payment must accompany registration. Regional Center staff may enclose a purchase order or statement from their accounting department indicating when payment will arrive.

The registration fee includes the Welcome lunch, five workshops, the reception and poster session, one keynote presentation, and the lunch & award presentation. The registration fee is refundable, less a \$25 fee for processing, if written cancellation is received by Friday, April 7, 2000. No refunds will be provided for requests received after this date. Please note: no-shows will be required to pay the full conference registration fee.

ACCOMMODATIONS AND TRAVEL

A block of rooms has been reserved at the DoubleTree Hotel - 2001 Point West Way, Sacramento, California - **until March 23, 2000**. The hotel meeting and sleeping rooms are wheelchair accessible. Call the DoubleTree Hotel at (916) 929-8855 and be sure to identify yourself as a participant in *The Health and Wellness Forum*. The rate is \$84 deluxe king/double per night plus tax **until March 23, 2000**. A credit card guarantee of one night's advance deposit is required. Shuttle service and car rental are available at the Sacramento International Airport.

CONFERENCE GOALS

*H*ighlight new projects which improve the health and well-being of persons with developmental disabilities.

*E*xamine successful service models across a range of clinical specialties such as women's health, dual diagnosis, nutrition, and oral health.

*P*romote active dialogue among regional centers, universities, and other private and public entities to encourage innovative health and wellness projects.

*F*acilitate the dissemination of information, the sharing of ideas, and the exchange of resources.

*D*escribe new frontiers in medical genetics, including recent discoveries and implications for future research.

*R*eview the latest applications of technology such as telemedicine and telepsychiatry.

At A Glance

8:00 a.m. - 11:30 a.m.

9:00 a.m. - 12:00 p.m.

12:15 p.m. - 1:30 p.m.

1:30 p.m. - 1:45 p.m.

1:45 p.m. - 2:45 p.m.

2:45 p.m. - 3:00 p.m.

3:00 p.m. - 4:15 p.m.

4:30 p.m. - 6:00 p.m.

8:00 a.m. - 10:00 a.m.

9:00 a.m. - 10:15 a.m.

10:15 a.m. - 10:30 a.m.

10:30 a.m. - 11:45 a.m.

11:45 a.m. - 12:00 p.m.

12:00 p.m. - 12:30 p.m.

12:30 p.m. - 1:45 p.m.

1:45 p.m. - 2:00 p.m.

2:00 p.m. - 3:15 p.m.

3:15 p.m.

April 25, 2000

CHECK-IN

PRE-FORUM EVENT

The UC Davis M.I.N.D. (Medical Investigation of Neurodevelopmental Disorders) Institute hosts **Autism and Autism Spectrum Disorders**

WELCOME LUNCH

Keynote Speaker Joan Petersilia, PhD
Professor of Criminology, Law and Society
School of Social Ecology, UC Irvine
Emerging Issues Concerning Crimes Against Persons with Developmental Disabilities

BREAK

CONCURRENT WORKSHOPS I

Aging; Crime Victimization; Dialogue on Autism; Mental Health; Nursing Care Guidelines.

BREAK

CONCURRENT WORKSHOPS II

Assistive Technology; Medication; Nursing: Health & Wellness Assessments; Oral Health; Support for Families.

FORUM RECEPTION AND POSTER SESSION

April 26, 2000

CHECK-IN

CONCURRENT WORKSHOPS III

Creating Local Health Coalitions; Genetics I: An Overview; Primary and Preventative Care for Children; Self Determination I; Telehealth, Telemedicine, & Telepsychiatry.

BREAK

CONCURRENT WORKSHOPS IV

Death & Dying; Exercise, Nutrition, & Feeding Clinics; Genetics II: Recent Discoveries; Physical Assessments for Non-Nursing Professionals; Self Determination II.

BREAK

KEYNOTE SPEAKER

Karen Bodenhorn, RN, MPH
President and CEO, California Center for Health Improvement (C.C.H.I.)
Developmental Disabilities: An Online Resource for Health Care Providers

LUNCH

The 1999 Dr. Albert L. Anderson Health Care Professional Award

BREAK

CONCURRENT WORKSHOPS V

Consumers as Victims of Crime, Consumers as Perpetrators; Genetics III: Developmental Brain Disorders; Mental Health; Sexuality; Women's Health.

CLOSING REMARKS



DIRECTIONS TO THE DOUBLETREE HOTEL, SACRAMENTO

*2001 Point West Way
Sacramento, California
(916) 929-8855*

FROM INTERSTATE 5 HEADING SOUTH (AIRPORT)

Take Interstate 5 South to Sacramento. Go past Interstate 80, stay on Interstate 5, exit on Garden Highway. At the light turn left onto Garden Highway, continue 2 miles, Garden Highway will turn into Arden Way. Continue 3 miles on Arden Way, go under Business 80 Freeway Overpass, take the first right turn onto Point West Way. The hotel will be on the right side of Point West Way.

FROM INTERSTATE 5 HEADING NORTH

Take Interstate 5 North to Sacramento. When you reach the Downtown Interchange, stay on Interstate 5, exit on Garden Highway. At the light turn left onto Garden Highway, continue 2 miles, Garden Highway will turn into Arden Way. Continue 3 miles on Arden Way, go under business 80 Freeway Overpass, take the first right turn onto Point West Way. The hotel will be on the right side of Point West Way.

FROM HIGHWAY 99 HEADING NORTH

Take Highway 99 into Sacramento. Stay in the far left lane and take Business 80 East to Reno. Go about 3.5 miles, exit Arden Way East (right), go East on Arden Way. Turn right onto Point West Way. The hotel will be on the right side of Point West Way.

FROM SAN FRANCISCO BAY AREA

Take Interstate 80 East to Sacramento. As you reach Sacramento, stay in the left lane, go past Interstate 80 Reno. Continue 3 miles, go past Interstate 5, then stay in the middle lane and take Business 80 to Reno. Follow Business 80 East to Reno for about 3.5 miles, exit Arden Way East (right), go East on Arden Way. Take the first right turn onto Point West Way. The hotel will be on the right side of Point West Way.

FROM RENO AREA

Take Interstate 80 West towards Sacramento. As you pass Madison Avenue Exit, get into the right lane and take the Capital City Freeway Business 80 to Sacramento. Exit Arden Way, and make a left at the signal light onto Arden Way. Stay in the right lane, go under the Business 80 Freeway Overpass. Merge into the far right lane and turn right onto Point West Way. The hotel will be on the right side of Point West Way.

FROM SOUTH LAKE TAHOE / PLACERVILLE AREA

Take Highway 50 West toward Sacramento. When you pass the Stockton Boulevard Exit, get into the right lane and take Business 80 East to Reno. Go about 3.5 miles, exit Arden Way East (right), go East on Arden Way. Take the first right turn onto Point West Way. The hotel will be on the right side of Point West Way.

PARKING IS FREE!



8:00 a.m. - 11:30 a.m.

9:00 a.m. - 12:00 p.m.

CHECK-IN

PRE-FORUM EVENT

Hosted by the UC Davis M.I.N.D. Institute
Autism and Autism Spectrum Disorders

INTRODUCTION:

Thomas F. Anders, MD
Executive Associate Dean, Professor of Psychology,
UC Davis School of Medicine
Acting Director, UC Davis M.I.N.D. Institute
Introduction & Overview of the M.I.N.D. Institute

RESEARCH OVERVIEW:

David G. Amaral, PhD
Director of Research, UC Davis M.I.N.D. Institute
*Animal Models in the Research of Neurodevelopmental Disorders,
Including Autism & Autism Spectrum Disorders*

Robert S. Byrd, MD, MPH
Assistant Professor, Department of Pediatrics,
UC Davis Health System
State Supported Epidemiological Study of Autism in California

PANEL DISCUSSION:

Robin Hansen, MD
Department of Pediatrics, UC Davis School of Medicine
New Approaches in Early Diagnosis of Autism

Bryna Siegel, PhD
Director, Pervasive Developmental Disorders Clinic,
Langley Porter Psychiatric Institute, UC San Francisco
Understanding & Comparing Treatment Approaches to Autism

Penelope Knapp, MD
Professor, Department of Psychiatry,
UC Davis School of Medicine
Psychopharmacology: Pediatric Breakthroughs

Carl Feinstein, MD
Director of Clinical Services,
Division of Child Psychiatry & Child Development,
Department of Psychiatry & Behavioral Sciences,
Stanford University School of Medicine
Asperger's Disorder / Asperger's Syndrome

Karen Serroussi
Author, Parent & Co-Founder of the Autism Network
for Dietary Intervention (ANDI)
Special Diets for Children with Autism

8:00 a.m. - 11:30 a.m.

CHECK-IN

12:15 p.m. - 1:30 p.m.

WELCOME & KEYNOTE LUNCH

Keynote Speaker

Joan Petersilia, PhD

Professor of Criminology, Law & Society

School of Social Ecology, UC Irvine

Emerging Issues Concerning Crimes Against Persons with Developmental Disabilities

1:30 p.m. - 1:45 p.m.

BREAK

1:45 p.m. - 2:45 p.m.

CONCURRENT WORKSHOPS I

WORKSHOP A

Aging

Telford Moore, PhD

Behavioral Psychologist, Golden Gate Regional Center

Developing a Testing Protocol for Assessing Early Alzheimer's Disease in Adults with Down Syndrome

WORKSHOP B

Crime Victimization

Joan Petersilia, PhD

Professor of Criminology, Law & Society,

School of Social Ecology, UC Irvine

Current Local & Statewide Activities Pertaining to Crime Victimization Prevention: Local, State, & National Activities

WORKSHOP C

Dialogue on Autism

Pre-Forum Event panelists have been invited to participate in interactive discussion.

WORKSHOP D

Nursing Care Guidelines

Joan Earle Hahn, DNSc, RN, CDDN, CS

Adjunct Assistant Professor, School of Nursing, UCLA

The Development & Application of the Head to Toe Assessment Guides & Health Protocols for Persons with Developmental Disabilities

WORKSHOP E

Mental Health

Julie Blanton, LCSW

District Manager, Early Start & Children's Unit,

San Andreas Regional Center

Frank Stass MD

Director of Psychiatric Services, Natividad Medical Center

Mental Health Services Become a Reality for Dually Diagnosed Consumers

2:45 p.m. - 3:00 p.m.

BREAK

3:00 p.m. - 4:15 p.m.

CONCURRENT WORKSHOPS II

WORKSHOP A

Assistive Technology

Molly Doyle, MS, CCC

Program Director, Center for Applied Rehabilitation Technology (CAART), Los Amigos Research & Education Institute, Rancho Los Amigos National Rehabilitation Center
Clare Miller, MPA

Family Support Specialist, Harbor Regional Center
A Model for Developing & Implementing an Assistive Technology Lab

Anna Edwards, MBA, MA, PT

Independent Contractor

Cornelia Lundell, PT, MA, PCS

Therapy Supervisor, San Diego Regional Center

Michele Geving

Director, UCPA of San Diego County

Wheelchair & Mobility Self-Management: A Working Model

WORKSHOP B

Medication

Ira Lott, MD

Professor of Pediatrics & Neurology,

Chief, Division of Child Neurology,

Chairman, Department of Pediatrics, UC Irvine

Psychotropic Drug Use Among Consumers of the Orange County Regional Center

Andrew Russell, MD

Child Psychiatrist, UCLA Neuropsychiatric Institute

The Lanterman Regional Center & UCLA Clinic: A Model Clinic with a Collaborative Approach to Medication Assessment

WORKSHOP C

Nursing: Health & Wellness Assessments

Michal Clark, PhD

Executive Director & CEO, Kern Regional Center

Walter Nicholas, LCSW, BCD

Director of Clinical Services, Kern Regional Center

Bryon P. Baker

Operations Manager, Interim Health Care

Wellness Nursing Assessments: An Overview of Wellness Issues Found in Persons with Developmental Disabilities

James Popplewell, MD

Medical Director, Valley Mountain Regional Center

Mary Sheehan, RN

Clinical Manager of Nursing Services, Valley Mountain Regional Center

RC Nurses Hit the Front Lines: How Utilizing RN Resources Can Lead to Comprehensive & Systematic Health & Wellness Assessments

Concurrent Workshops II
continued on next page

4:15 p.m. - 4:30 p.m.

WORKSHOP D

Oral Health

Guy C. Lichty II, DDS
Dental Director, Anderson Center for Dental Care
Lisa Haney, MA
Project Manager, Anderson Center
How to Create a Local Oral Health Care Task Force

WORKSHOP E

Support for Families

Mara K. McGrath
Resource Counselor, Family Resource Network
Elizabeth A. Katz
Program Director, CARE (Center for Access to Resource
& Education)
*Focus on the Family: Accessing & Delivering Health Services
in the New Millennium*

BREAK

4:30 p.m. - 6:00 p.m.

HEALTH & WELLNESS FORUM RECEPTION & POSTER SESSION

INVITED

California Early Intervention Technical Assistance
Network (C.E.I.T.A.N.)

The California Center for Health Improvement -
www.ddhealthinfo.org Web Site Demonstration

California's Early Start Program

California Telehealth & Telemedicine Center

California Victims of Crime Committee

Denti-Cal

Department of Rehabilitation, California Assistive
Technology Systems (CATS)

Donated Dental Services of California

East Bay Services to the Developmentally Disabled -
Namaste: Fullness of Life & Optimal Living

Easter Seals -
Family Life Education & Personal Safety

Eastern Los Angeles Regional Center -
Advances & Trends in Managing Epilepsy

JBS Publishing -
The Complete Meal Plan Book

Kern Regional Center/Central Valley Regional Center -
Wellness Videos for Consumer Education

North Bay Regional Centers -
Dental Health Project

People First of California

Rural Health Policy Council -
Rural Health Awareness Services for Brain Injury

South Central Los Angeles Regional Center -
Nutrition in the Residential Setting for Care Providers

Stepping Stones Growth Center

The State Council on Developmental Disabilities

UC Berkeley Wellness Guide Project

UCLA Center for Health Promotion & Disease Prevention

University of the Pacific Statewide Task Force on Oral
Health

University of Southern California -
University Affiliated Programs (USC-UAP)

Valley Mountain Regional Center -
Regional Centers & Universities Join Together

Women's Health Specialists

9:00 a.m. - 10:15 a.m.

CONCURRENT WORKSHOPS III

WORKSHOP A

Creating Local Health Coalitions

Barbara Garcia, MS.Ed
Coordinator, Alameda Developmental Disabilities Council
Roswitha Robinson, BS
HTCF Chairperson, Alameda Developmental Disabilities Council
Health Care Task Force
Creating Local Health Coalitions: A Model for Results

WORKSHOP B

Genetics I: An Overview

Shirley Korula, MD
South Central Los Angeles Regional Center
An Overview of Genetics for Persons Working with Individuals with Developmental Disabilities

WORKSHOP C

Primary & Preventative Care for Children

INVITED

Marion Taylor Baer, PhD, RD
Associate Director, Program Development/Coordination
Nutrition Director, USC University Affiliated Program
Marie Paulsen, PhD
Psychology Director, University Director, Clinical Services
USC University Affiliated Program
Adequacy of Primary & Preventative Care for Children with Developmental Disabilities in Los Angeles

WORKSHOP D

Self Determination I

Gloria Wong, MPA
Executive Director, Eastern Los Angeles Regional Center
Elizabeth Breen, LCSW
Supervisor, Eastern Los Angeles Regional Center
Lily Ortega
Service Coordinator, Eastern Los Angeles Regional Center
Russell Rankin
Community Program Specialist, Area Board XII
The History & Philosophy of Self Determination & A Synopsis of Pilot Projects in California

WORKSHOP E

Telehealth, Telemedicine, & Telepsychiatry

Jeff Ellis, PhD
Director, California Telehealth & Telemedicine Center
Telemedicine Applications & Program Development
Roxy Szeftel, MD
Director of Child Psychiatry & Training,
Cedars-Sinai, Medical Center
Michal Clark, PhD
Executive Director & CEO, Kern Regional Center
Roger Cook, MSW
Coordinator, Telemedicine Program, Kern Regional Center
Using Telepsychiatry for Teaching, Training, & Treating

10:15 a.m. - 10:30 a.m.

BREAK

10:30 a.m. - 11:45 a.m.

CONCURRENT WORKSHOPS IV

WORKSHOP A

Death & Dying

Paula Whang-Ramos, PhD

Being With Death & Dying

WORKSHOP B

Exercise, Nutrition, & Feeding Clinics

Gail West, MA

Supervisor, Community Development & Training Unit,
North Bay Regional Center

An Interdisciplinary Feeding Clinic: Details A-Z

Katherine Carroll, MS, RD

Clinical Dietician, Sonoma Developmental Center

The Benefits of Exercise & Proper Hydration

WORKSHOP C

Genetics II: Recent Discoveries

Shirley Korula, MD

South Central Los Angeles Regional Center

*Recent Discoveries & An Explanation of How Specific Syndromes
Impact Persons with Developmental Disabilities*

WORKSHOP D

Physical Assessment for Non-Nursing Professionals

Bonnie Adams, RN, MSN, EdD

Director, Regional Health Occupations Resource Center,
Mount San Antonio College

Basic Physical Assessment for Non-Nurses

WORKSHOP E

Self Determination II

Gloria Wong, MPA

Executive Director, Eastern Los Angeles Regional Center

Elizabeth Breen, LCSW

Supervisor, Eastern Los Angeles Regional Center

Lily Ortega

Service Coordinator, Eastern Los Angeles Regional Center

Russell Rankin

Community Program Specialist, Area Board XII

The Implementation of Self Determination Pilot Projects

11:45 a.m. - 12:00 p.m.

BREAK

12:00 p.m. - 12:30 p.m.

Keynote Speaker

Karen Bodenhorn, RN, MPH

President & CEO, California Center for Health Improvement

*Developmental Disabilities: An Online Resource for Health Care
Providers*

12:30 p.m. - 1:45 p.m.

LUNCH

The 1999 Dr. Albert L. Anderson Health Care Professional Award

1:45 p.m. - 2:00 p.m.

BREAK

2:00 p.m. - 3:15 p.m.

CONCURRENT WORKSHOPS V

WORKSHOP A

Consumers as Victims of Crime, Consumers Involved with the Judicial System

Bruce Williams, FAAMR, PhD

Behavioral Specialist/Psychologist Consultant

South Central Los Angeles Regional Center

Joseph Tillman, MSW, LCSW, PhD

South Central Los Angeles Regional Center

Services for Forensically Involved Persons with Mental Retardation

Leslie Scher Miller, PhD

University of Southern California, University Affiliated Programs,

Children's Hospital, Los Angeles

*Project Heal: Risk Reduction & Treatment for Child Victims of Crime
Who Have Developmental Disabilities*

WORKSHOP B

Genetics III: Developmental Brain Disorders

Joseph G. Gleeson, MD

Department of Neurosciences, University of California, San Diego

Genetics of Developmental Brain Disorders

WORKSHOP C

Mental Health

Judith Coreman, PhD

Staff Psychologist, Harbor Regional Center

Margarite Phillips, LCSW

Director of Special Projects, Harbor Regional Center

Susan Laird

Supported Living Skills Specialist, Harbor Regional Center

The Birth of a Resource for the Dually Diagnosed:

An Interagency Collaborative Model

Michael Cohen, PhD

Wellness Team Psychologist, North Bay Regional Center

Chris O'Brien, PharmD

Clinical Pharmacist, Consultant

Medication Issues

WORKSHOP D

Sexuality

Mary Lou Scavarda, ARCA A.I.D.S.

Project Director of the AIDS Education Project,

The Association of Regional Center Agencies

Sexuality & The Person-Centered Planning Process

WORKSHOP E

Women's Health

Barbara Ridley, RN, MS, FNP, CRRN

Nurse Clinician, Breast Health Access for Women with Disabilities

Program, Alta Bates Medical Center

A Model to Increase Breast Health Access

Eileen Schnitger

Director of Education, Women's Health Specialists

Deborah Santivañez-Williams, MSC, FNP

Women's Health Specialists

Overcoming Obstacles in Accessing Women's Health Care

CONTINUING EDUCATION UNITS

Continuing Education Units will be provided by UC Davis Health System, Office of Continuing Medical Education. If you would like to receive units, please fill out the appropriate information on the conference registration form.

ACCREDITATION UP TO 10 HOURS OF CATEGORY 1 CREDIT

This Activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Office of Continuing Medical Education at UC Davis Health System, the Association of Regional Center Agencies, and the Department of Developmental Services. Continuing Medical Education at the UC Davis Health System is accredited by the ACCME to provide continuing medical education for physicians.

PHYSICIAN CREDIT

Continuing Medical Education at the University of California Davis Health System designates this continuing medical education activity for up to 10 hours in Category 1 of the Physician's Recognition Award of the American Medical Association and the Certification Program of the California Medical Association. Physicians should claim only those hours of credit that they actually spend in the educational activity.

NURSE CREDIT

The California State Board of Registered Nursing accepts Category 1 hours toward renewal.

NCCPA

The National Commission on Certification of Physician Assistants states that AMA accredited Category 1 courses are acceptable for continuing medical education requirements for recertification.

MFCC & LCSW

UC Davis Health System is provider No. PCE 737. This course meets the qualifications for 10 hours of continuing education credit for MFCCs and LCSWs as required by the California Board of Behavioral Sciences.

PSYCHOLOGIST CREDIT

The UC Davis Department of Anesthesiology is an approved MCEP provider. This course is currently under review by the CPAAA for 10 conference hours.

If you have any questions regarding continuing education units, please contact Yvonne Majesko of UC Davis Health System, Office of Continuing Medical Education, at (916) 734-1390.

State of California

The California Department of Developmental Services (DDS) and the Association of Regional Center Agencies (ARCA) Health & Wellness Forum was created in 1998 to foster & improve health care access for persons with developmental disabilities. The opinions of panelists, researchers, & other presenters may not necessarily reflect the policies of DDS and ARCA.

Gray Davis,
Governor

Grantland Johnson,
Secretary
California Health and
Human Services Agency

Cliff Allenby,
Director
Department of
Developmental Services



Registration

CONFERENCE REGISTRATION Please type or print clearly.

Name _____

_____	_____	_____	_____	_____
Last Name	First Name	M.I.	Degree	

Title/Specialty _____

Agency/Affiliation/Parent _____

(Please circle one and indicate your agency / affiliation for your name tag.)

Address _____

City _____ State _____ Zip _____

Daytime Phone Number (_____) _____ Work/Home (circle one)

CONTINUING EDUCATION INFORMATION

Continuing Education units are available at an additional cost of \$15. This fee is to be paid at the conference. Certificates will be mailed in June, 2000. Please contribute the following information if you would like to receive units for participating in the Health and Wellness Forum. If you have questions regarding continuing education units, please contact Yvonne Majesko in the UC Davis Office of Continuing Medical Education at (916) 734-1390.

☐ Physician ☐ RN ☐ NP ☐ PA ☐ MFCC ☐ LCSW ☐ Psychologist

(Psychologist Units pending, please call (916) 734-1390 to determine availability.)

Social Security Number (This information is only necessary for continuing education.): _____

SPECIAL NEEDS

☐ Meeting rooms are wheelchair accessible. Please check here if you have needs that may require special accommodations. (Please briefly describe.)

☐ Please check here if you have communication needs which may require an interpreter. (Please briefly describe.)

VEGETARIAN LUNCHESES? (Circle one.) Yes No

PRE-FORUM EVENT

☐ Please check here if you plan to attend the Pre-Forum Event Autism and Autism Spectrum Disorders, hosted by the UC Davis M.I.N.D. Institute. (Additional \$25.00 registration fee to be paid with registration for a total of \$140.00 on or before April 7. After April 7, the late registration fee plus the Pre-Forum Event Fee totals \$165.00)

WORKSHOP PREFERENCES

Pre-registration for workshops is required. Please make a first and second choice for each set of concurrent workshops. If the workshop you prefer is full, an alternate workshop will be assigned. (Circle one First Choice & one Second Choice.)

Workshop I	First Choice	A	B	C	D	E
	Second Choice	A	B	C	D	E
Workshop II	First Choice	A	B	C	D	E
	Second Choice	A	B	C	D	E
Workshop III	First Choice	A	B	C	D	E
	Second Choice	A	B	C	D	E
Workshop IV	First Choice	A	B	C	D	E
	Second Choice	A	B	C	D	E
Workshop V	First Choice	A	B	C	D	E
	Second Choice	A	B	C	D	E

PAYMENT Enclosed is my registration fee (plus Pre-Forum Event fee, if attending, and/or late fee, if postmarked after 4/7/00) of \$_____.00.

Make checks payable to the Department of Developmental Services. For questions regarding registration, contact Chris Rives, Accounting, at (916) 654-2181.

*** NO FAXED REGISTRATIONS WILL BE ACCEPTED***

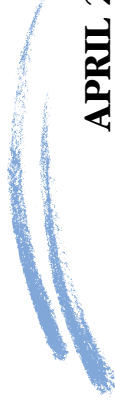
MAIL REGISTRATION TO:

Department of Developmental Services
Accounting Section, Attention: Chris Rives
1600 9th Street, Room 310, M.S. 3-7
Sacramento, CA 95814



DEPARTMENT OF
DEVELOPMENTAL SERVICES
Health & Wellness Section
1600 Ninth Street, Room 330 MS 3-22
Sacramento, CA 95814

The 2000 Health & Wellness Forum



APRIL 25-26, 2000

PRESORTED
FIRST CLASS
U.S. POSTAGE
PAID
PERMIT NO. 333
SACRAMENTO, CA